

Patient Medical History Sheet

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Date: \_\_\_\_\_

Occupation: \_\_\_\_\_ Allergies: \_\_\_\_\_

MEDICAL HISTORY-Check (X) where appropriate

YOU	RELATIVE		YOU	RELATIVE	
_____	_____	Diabetes Mellitus	_____	_____	Reflux/Hiatal Hernia
_____	_____	Migraines/Headaches	_____	_____	Swallowing/Esophageal Problems
_____	_____	High Cholesterol/Triglycerides	_____	_____	Glaucoma/Vision Problems
_____	_____	High Blood Pressure	_____	_____	Seizures
_____	_____	Heart Disease/Attack	_____	_____	AIDS/HIV
_____	_____	Heart Failure/Valve	_____	_____	Liver Problems
_____	_____	Hearing Problems/Loss	_____	_____	Hepatitis/Cirrhosis
_____	_____	Cancer type	_____	_____	Stomach Ulcers/Gastritis
		1. _____	_____	_____	Arthritis
		2. _____	_____	_____	Rheumatoid/Lupus/Gout
_____	_____	Lung Disease	_____	_____	Osteoarthritis
_____	_____	Empyema/COPD	_____	_____	Thyroid Problems
_____	_____	Asthma	_____	_____	Skin Diseases
_____	_____	TB/PPD	_____	_____	Clotting/Bleeding disorders
_____	_____	Orthopedic Problems	_____	_____	Kidney Problems/Stones
_____	_____	Colitis	_____	_____	Depression/ Anxiety
_____	_____	Vascular disease(Aneurysm)	_____	_____	Anemia(Iron,B12)
_____	_____	Neuromuscular/MS	_____	_____	Other: _____

Please explain which relative below:

\_\_\_\_\_

\_\_\_\_\_

SURGICAL HISTORY: Please list all surgeries and dates(if possible)

\_\_\_\_\_

\_\_\_\_\_

MEDICATION AND DOSAGE: (Prescription, over the counter, vitamins, etc)

\_\_\_\_\_

\_\_\_\_\_

SOCIAL HISTORY: Check (X) where appropriate

- |   |  |
|---|--|
| __ Tobacco __ How many packs/day? __ How many years?                  | _____ Engaged in risky sexual behavior?                              |
| _____ Alcohol _____ How many drinks per week?                         | _____ Have you ever come into contact with hazardous materials?      |
| _____ Drugs _____   | _____ Are you in a relationship where you have been physically hurt? |
| _____ Coffee or tea _____ How many cups/day                           | _____ Do you wear a bike helmet?                                     |
| __ Have you ever had a blood transfusion?                             | _____ Do you have a living will?                                     |
| _____ Do you wear seatbelts?  | _____ Do you have a power of attorney?                               |
| _____ Is there a gun in the home? _____ Is it locked & ammo key separ | _____ Are you an organ donor?  |
| _____ Do you have smoke detectors on every floor?                     |  |
| _____ Do you exercise regularly?                                      |  |
| _____ Are you on a special diet?                                      |  |

PREVENTATIVE CARE-- When was your last

\_\_\_\_\_ Chest X-ray    \_\_\_\_\_ Mammogram    \_\_\_\_\_ DEXA scan  
\_\_\_\_\_ Pap Smear    Name of Gynecologist: \_\_\_\_\_  
\_\_\_\_\_ Prostate Exam    \_\_\_\_\_ Routine Blood work    \_\_\_\_\_ Stool check for blood  
\_\_\_\_\_ Colonoscopy    \_\_\_\_\_ Tetanus Shot    \_\_\_\_\_ Pneumovax  
\_\_\_\_\_ Flu shot

REVIEW OF SYSTEMS (Recent Health Problems)

_____ Hoarseness	_____ Recurrent colds/sinus infections	_____ Nausea/vomiting
_____ Headaches	_____ Vision problems	_____ Ear pain/discharge
_____ Hearing loss/ringing	_____ Sore throat/difficulty swallowing	_____ Dizziness/Lightheadness
_____ Difficulty walking	_____ Weight loss	_____ Sweats/Chills
_____ Cough	_____ Shortness of Breath	_____ Chest pain/pressure
_____ Rashes/Skin lesions	_____ Joint or muscle aches	_____ Urinary difficulty/frequency
_____ Depression/Anxiety	_____ Any new lumps or masses	_____ Swelling in legs/feet
_____ Palpitations	_____ Bleeding problems	_____ Abnormal bowel movements
_____ Change in appetite	_____ Memory problems	_____ Problems with sexual intercourse
_____ Other _____		
_____ Other _____		

SPECIALISTS-- Please list names, specialty and phone number of all the specialists you see

Name: \_\_\_\_\_  
Specialty: \_\_\_\_\_  
Phone Number: \_\_\_\_\_

Name: \_\_\_\_\_  
Specialty: \_\_\_\_\_  
Phone Number: \_\_\_\_\_

Name: \_\_\_\_\_  
Specialty: \_\_\_\_\_  
Phone Number: \_\_\_\_\_

Name: \_\_\_\_\_  
Specialty: \_\_\_\_\_  
Phone Number: \_\_\_\_\_

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